

The Maplefly Money Coaching Journal

A clear, values-aligned path to healing your money story and creating empowered financial change.

DISCOVERY SESSION

Understand your unique money story, explore your values and clarify your financial goals with support and compassion.



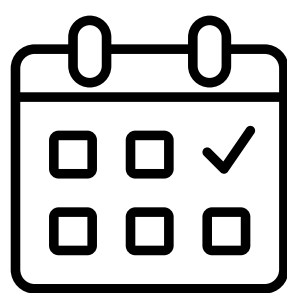
MINDSET MAPPING

Uncover and gently reframe the limiting beliefs and emotional patterns that have been shaping your money behaviour.



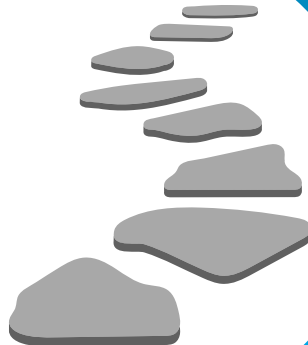
PRACTICAL PLANNING

Design values-based systems, spending rhythms and saving strategies that feel doable, intuitive and kind.



INTEGRATION & SUPPORT

Embed supportive habits and rituals that create lasting transformation, while being held with gentle accountability.



READY TO BEGIN YOUR OWN JOURNEY?

Learn more at www.mapleflymoney.com.au



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